



Family Information:

Parents Name(s)

Address

Email

Phone

Names and ages of children

Pediatrician Name:

May we share updates with your child's Pediatrician?

Which child are we helping today?

Child's Information:

Child's Date of Birth

Number of weeks gestation at birth

Any history of medical issues?

Does your child snore?

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314.397.9782 www.claytonbabies.com kelly@claytonbabies.com

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Sleep Information:

What is your child's current bedtime?

Please describe your bedtime routine?

Is your child waking at night for feedings? If so, what time(s) and how long is he/she awake? Please describe the middle of the night routine.

Is your child waking at night for reasons other than feeding? Please describe these wakings and how they are handled.

What time does your child wake in the morning?

Does your child still nap? If so, please list times and lengths of naps?

Where does your child sleep at night? For naps?

Please describe the sleep environment (i.e., crib, bassinet, pack n play, stroller, carseat, bed, shared room, quiet, noisy, dark, light, warm, cool- be as specific as you can)

Describe your child's temperament and behavior on a typical day (if you have kept a sleep log please include details)

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Is your child in childcare outside the home?

Please give a brief history of your child's sleep patterns and issues.

Please describe your parenting style (i.e., attachment, strict and scheduled, laid back, somewhere in between).

Extras:

What is your goal in working with Clayton Baby Sleep Solutions?

Anything else you want me to know?

How did you hear about Clayton Baby Sleep Solutions?

Thank you!!! I will review the information you have provided and we can get started on a plan to get you all back to sleep.

Sincerely,

Kelly

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Disclaimer

The information provided in this consultation is neither intended to nor is implied to be a substitute for professional medical advice. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition or the health and welfare of your baby, toddler or child.

Clayton Babies Sleep Consulting will use reasonable efforts to include up-to-date and accurate information in this consult, but makes no representations, warranties, or assurances as to the accuracy, currency, or completeness of the information provided. The Consultant shall not be liable for any damages or injury resulting from your access to, or inability to access the information discussed, or from your reliance on any information provided from consultation.

This consultation may provide references to other materials and resources but the owner of this consultation will have no responsibility for the content of such other references and shall not be liable for any damages or injury arising from that content. Any references provided in this consult are provided as merely a convenience to the user.

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